




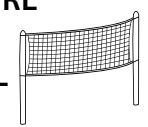

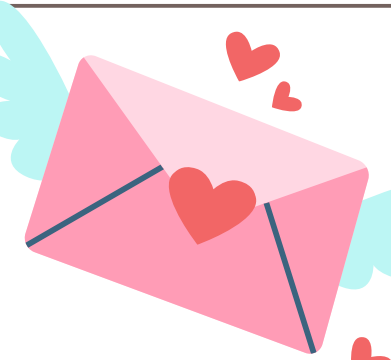


# February

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>Embrace Active Living</p>	<p><u>Room Legend</u>            AR: Art Room            RR-Red Rock Game Room            FC: Fitness Center            THTR: Theater Room            P-Pool            Pub: Pub            KTCH: Kitchen            (\$): Costs            RG: Registration Required            RL: Resident Led Event</p>	<p><b>PLEASE RSVP EVENTS THAT YOU WILL ATTEND!</b></p>	<p><b>Grab and Go Breakfast Monday &amp; Friday 9:00-10:00</b></p>	 <p><b>2/7 4:00-5:00 FOOD-MUSIC-FUN</b></p>	 <p><b>Mardi Gas Party Food-Entertainment-Dance 2/21 4:00-6:00</b></p>	<p>9:45 Strength n' Stretch            10:45 Chair Yoga Jenn            11:00 Diamond Art-AR            2:00 Poker-Pub/RL            2:00 Chair Volleyball-FC/RL</p>
<p>2</p>  <p>2:00 Hand &amp; Foot/Canasta-AR/RL            2:00 Mexican Train GR</p>	<p>3</p> <p>10:00 Chair Volleyball-FC/RL            2:00 Bingo            Extravaganza-GR/RL            3:00 Balance &amp; Movement FC</p>	<p>4</p> <p>10:30 Entertainment Committee Meeting Pub            11:30 Wordle-GR/RL            1:00 Larkspur Cinema: Dirty Dancers            2:00 Rhythmic Movement -FC            4:30 Resident Activity Meeting</p> 	<p>5</p> <p>11:00 Corn Hole GR            1:00 Hand &amp; Foot-AR/RL            2:00 Silver Sneakers-FC            4:00-5:00 Happy Hour</p>	<p>6</p> <p>9:15 Communion-THTR/RL            10:00 Chair Volleyball-FC            12:45 Strength n' Stretch (Chair Option)-FC            2:00 Silver Derby            3:00 Poker-Pub            4:00 Bunco-GR/RL            5:00 Spades GR</p> 	<p>7</p> <p>9:45 Silver Sneakers - FC            11:30 Bingo            Extravaganza-GR/RL            4:00-5:00 Valentine's Party</p>	<p>8</p> <p>9:45 Strength n' Stretch            10:45 Chair Yoga Jenn            11:00 Diamond Art-AR/RR            2:00 Poker-Pub/RL            2:00 Chair Volleyball-FC/RL            3:15 Card Making Class Valentines</p>
<p>9</p>  <p>2:00 Mexican Train Dominos GR/RL            2:00 Hand &amp; Foot-AR/RL            5:00 The Big Game Tailgate Party-THTR</p> 	<p>10</p> <p>10:00 Chair Volleyball-FC/RL            12:00-12:45 Harris Jeweler            2:00 Bingo            Extravaganza-GR/RL            3:00 Balance &amp; Movement FC            4:00 Resident Book Club Interest Meeting-Pub</p>	<p>11</p> <p>11:30 Wordle-GR/RL            1:00 Larkspur Cinema: Casablanca            2:00 Rhythmic Movement-FC            3:00 Dudes n' Brews-Pub            4:00 Bunco/RL</p>	<p>12</p> <p>11:00 Corn Hole GR            1:00 Hand &amp; Foot-AR/RL            2:00 Silver Sneakers-FC            4:00-5:00 Happy Hour-GR</p>	<p>13</p> <p>9:15 Communion-THTR/RL            10:00 Chair Volleyball-FC            11:00 Arts with Noah and Gaberiel-AR            12:45 Strength n' Stretch(Chair Option)-FC            1:00 Diamond Art-AR/RL            2:00 Poker-Pub            4:00 Bunco-GR/RL            5:00 Spades GR</p> 	<p>14</p>  <p>9:45 Silver Sneakers-FC            11:30 Bingo            Extravaganza GR/RL            4:00-5:00 Entertainment Denny</p>	<p>15</p> <p>9:45 Strength n' Stretch            10:45 Chair Yoga Jenn            11:00 Watercolor Class  <b>RG</b>            1:00 Diamond Art-AR/RL            2:00 Poker-Pub/RL            2:00 Chair Volleyball-FC/RL</p>
<p>16</p> <p>2:00 Mexican Train Dominos GR/RL            2:00 Hand &amp; Foot-AR/RL            4:00 Hymn Singing/GR/RL</p>	<p>17</p> <p>10:00 Chair Volleyball-FC/RL            2:00 Bingo Extravaganza-GR/RL            Balance Movement No Class            5:00-6:15 Spanish Class</p>	<p>18</p> <p>11:30 Wordle-GR/RL            1:00 Larkspur Cinema: Rudy            2:00 Rhythmic Movement FC            4:00 February Birthday            4:00-6PM- Follies</p> 	<p>19</p> <p>11:00 Corn Hole GR            1:00 Hand &amp; Foot-AR/RL            2:00 Silver Sneakers-FC            2:30-3:30 Optimize Brain Health-THTR            4:00-5:00 Happy Hour-GR            4:00-5:00 Entertainment: Gregory Sullivan</p>	<p>20</p> <p>9:15 Communion-THTR/RL            10:00 Chair Volleyball-FC            12:45 Strength n' Stretch(Chair Option)-FC            1:00 Diamond Art-AR/RL            2:00 Poker-Pub            4:00 Bunco-GR/RL            5:00 Spades GR</p> 	<p>21</p> <p>9:45 Silver Sneakers -FC            11:30 Bingo Extravaganza-GR/RL            4:00-6:00 Mardi Gras Party</p> 	<p>22</p> <p>9:45 Strength n' Stretch            10:45 Chair Yoga Jenn            11:00 Diamond Art-AR/RR            2:00 Poker-Pub/RL            2:00 Chair Volleyball-FC/RL</p> 
<p>23</p> <p>2:00 Mexican Train Dominos GR/RL            2:00 Hand &amp; Foot/Canasta-AR/RL</p>	<p>24</p> <p>10:00 Chair Volleyball-FC/RL            2:00 Bingo Extravaganza-GR/RL            3:00 Balance &amp; Movement FC            5:00-6:15 Spanish Class</p>	<p>25</p> <p>11:30 Wordle-GR/RL            1:00 Larkspur Cinema: Deja Vu            2:00 Rhythmic Movement FC            3:00 Flamin Dames-Pub            4:00 Bunco/RL            5:30 Trivia Night</p> 	<p>26</p> <p>11:00 Corn Hole GR            1:00 Hand &amp; Foot-AR/RL            2:00 Silver Sneakers-FC            4:00-5:00 Happy Hour-GR</p>	<p>27</p> <p>8:00-4:00 Graff Skin Care            9:15 Communion-THTR/RL            10:00 Chair Volleyball-FC            11:00 Arts with Noah and Gaberiel-AR            12:45 Strength n' Stretch(Chair Option)-FC            1:00 Diamond Art-AR/RL            4:00 Bunco-GR/RL            5:00 Spades GR</p>	<p>28</p> <p>9:45 Silver Sneakers -FC            11:30 Bingo Extravaganza-GR/RL            3:00-4:00 Entertainment Andy C</p> 	



*Valentine's Party*

**February 7th, 4:00 PM - 5:00 PM** Join us for an event filled with food, music, and fun!

**THE BIG GAME**  
**TAILGATE-DRINKS-EXCITEMENT**  
**2/9 5:00-7:30**

**MARDI GRAS**

Mardi Gas Party  
Food-Entertainment-Dance  
2/21 4:00-6:00

**Larkspur**  
At Twin Creeks

Embrace Active Living

**February City of Allen Events**

**2 FEB**  
**02:00 PM**

Cake Decorating Workshop  
Ages: For ages 18+  
Date & Time: Sun., Feb. 2, 2 p.m.  
Location: Program Room C

Free tickets available 30 minutes before the start of the program at the Information Desk.

Discover how to create and pipe a variety of buttercream designs and master the proper techniques for applying different toppings to elevate your creations. This class is beginner friendly, no experience needed.

Event Address: 800 E. Main St, Allen, Tx 75002

**13 FEB**  
**07:30 PM**

Civil Rights Legend Peter Johnson

Rev. Peter Johnson was an eyewitness to one of the most pivotal chapters in American History- Civil Rights. He helped to spearhead the Voter Education Project in Dallas, founded by John Lewis, and got students from Bishop College to register black voters. Find out how Rev. Johnson changed the minds of Dallasites when Dallas theatres refused to show the documentary "*King: A Filmed Record - Montgomery to Memphis.*" Collaborating with Rev. Ralph Abernathy, future congressman John Lewis, and future ambassador Andrew Young, Rev. Johnson will share his thrilling saga.

Location: 450 E. Saint Mary Dr, Allen, Tx 75013

**15 FEB**  
**07:30 PM**

Finnish Duo Vellamo

Delight in the haunting melodies and ballads, vocals and virtuosic guitar stylings of Pia Leinonen and Joni Tiala, the Finnish folk duo Vellamo, at the historic Allen Christian Church. In addition of performing in the Finnish, Celtic and Scandinavian folk traditions, they also compose memorable original songs. Vellamo combines a rich tradition of Finnish folk song with an appealing modern charm.

In Finnish mythology, Vellamo is the goddess of the sea. Based in Kokkola, on the western coast of Finland, Pia and Joni combine Finnish folksong with an appealing "retro" sensibility, creating an exotic and magical acoustic experience.

The programs at the Allen Heritage Village will not be streamed live.

Call 214.509.4911 for further information.  
Event address: 450 E. St Mary Dr, Allen, Tx 75013

**HAIR SALON**

**MELISSA**  
**214-770-8186**

**MENS HAIRCUTS**  
**LADIES HAIRCUTS**  
**HIGHLIGHTS**  
**PERMS**  
**WAXING**  
**SHAMPOO SETS**  
**SHAMPOO STYLES**  
**BOTOX**

*February Birthday with*  
*The Follies*  
*4:00-6:00*  
*fEB 18th*

**REMINDERS**

**PLEASE RSVP FOR**  
**EVENTS AT THE**  
**FRONT DESK**

**SUBMIT YOUR**  
**GREAT IDEAS FOR**  
**NEW OR**  
**IMPROVED**  
**EVENTS!**

**CONTACT US**

Office Hours:  
Mon-Fri: 9:00AM - 6:00PM  
Sat: 10:00AM - 5:00PM  
Sun: 1PM-5PM

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**FROM THE OFFICE**

Please submit all maintenance request through the resident portal!

Are you missing out on our communications? Text the word **START** to 469-780-9134 to be enrolled for our text messaging!